

CRUSH LIMITING BELIEFS

ASSESSMENT TEST

Answer the following questions below honestly to help you determine the limiting beliefs in your life.

1. Do you ever feel like you don't have enough time to get everything done?
2. Do you believe you are too old to start something new and exciting, learn a new skill, or start a business?
3. Do you feel like your past failures negatively influence your future?
4. Do you believe your past governs your future?
5. Do you ever feel as though your resources are too limited to achieve what you desire?

6. Do you get easily discouraged over what seems like a lack of forward progress with your goals and success?

7. Do you regularly compare yourself to others and judge your success based upon others?

8. Do you believe others are responsible for your current life circumstances?

9. Do you feel you don't deserve success?

10. Do you constantly worry about what others will think of you?

11. Do you fail to give yourself the love, compassion, and understanding that you give to others?

12. Do you believe you can do everything yourself, without the help of others?

13. Do you ever feel like you're not smart enough to achieve what you really want?

14. Do you constantly wait to start things, hoping to get things just perfect?

If you answer, "Yes," to any of the questions above, then you are dealing with limiting beliefs that are holding you back. You should address these limiting beliefs as soon as possible so you can make forward progress on your hopes, goals, and dreams.

Now look over your answers and determine the three limiting beliefs you believe you deal with the most daily, and zero in on them to crush them!

Proverbs 23:7 admonishes us, "For as he thinks in his heart, so is he."

Decide today to re-wire your thinking and release the power within you! You have the power to renew your mind, and transform your life! Get tools that are available to refresh and restore your thoughts to thoughts of life, abundance, expectancy, hope.

And remember... this is one of my favorite affirmations!

YOU ARE...

Anointed to Win... Empowered to Prosper... and Impossible to Curse!